

Kitchen Inventory

Know what you have, use what you buy, waste less.

LAST UPDATED

Use First This Week Anything close to its date goes here, and into a meal.

Fridge

ITEM	QTY	USE BY	MEAL IDEA / PLANNED USE

Freezer

ITEM	QTY	BEST BEFORE	MEAL IDEA / PLANNED USE

[illegible]

MEAL	PORTIONS	FROZEN ON

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